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# West Barre Witness

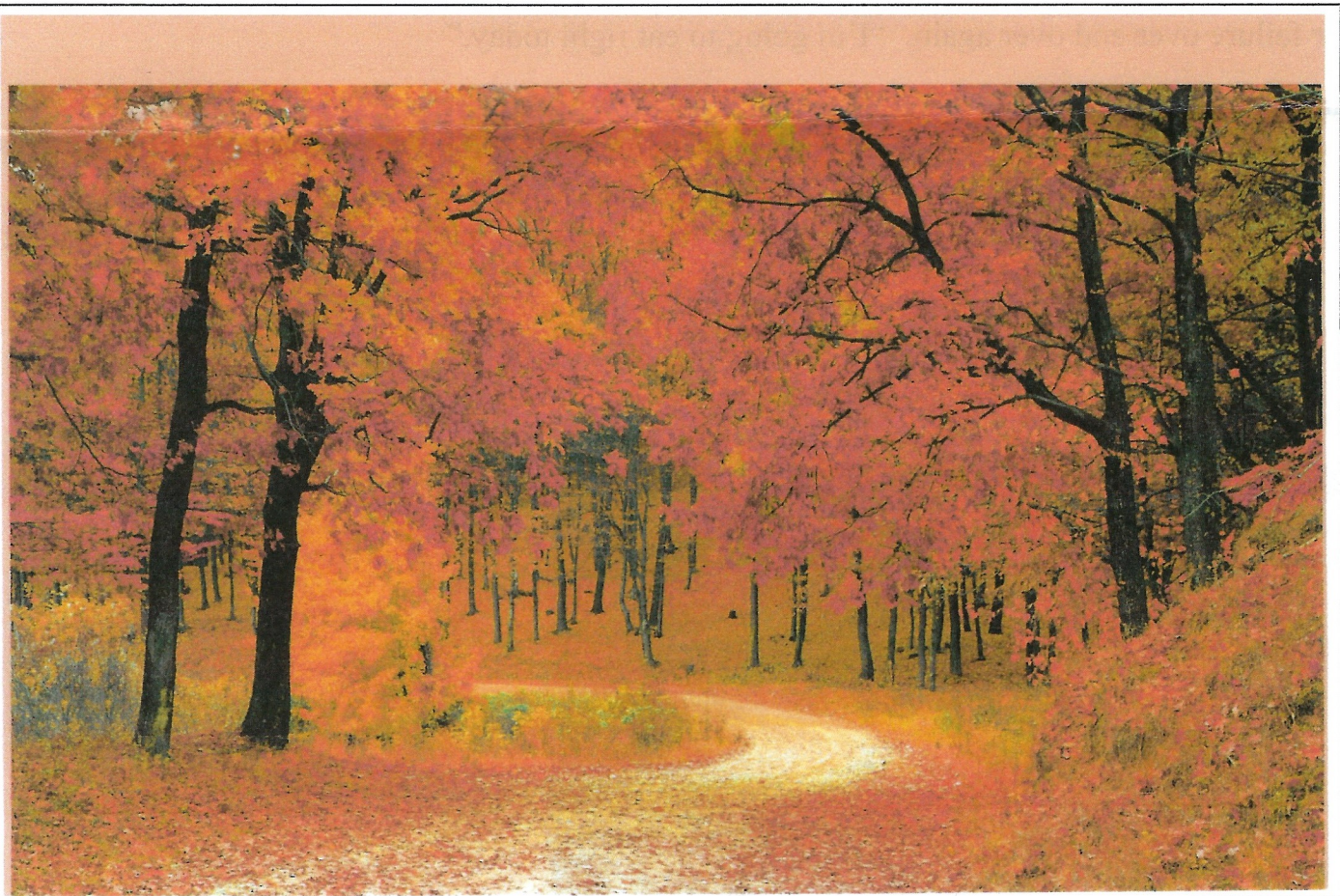
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November, 2022

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[www.westbarreumc.org](http://www.westbarreumc.org)

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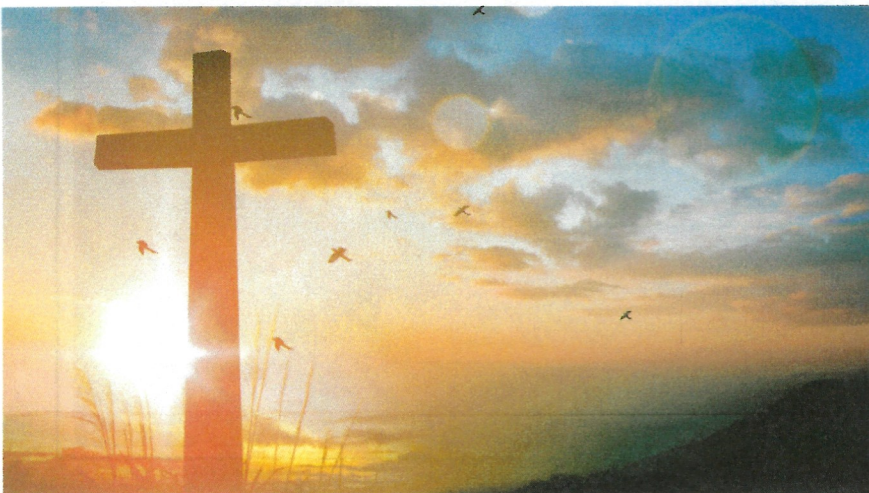


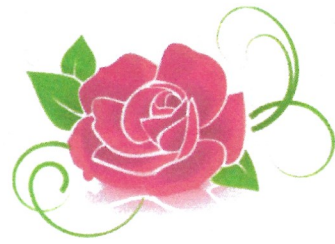
Greetings,

Last week I had my regular doctor's appointment. He told me I needed to lose weight. Big Surprise. Of course he was right. Losing weight would help me with my blood pressure. Losing weight would be beneficial with my diabetes. The problem was not that the doctor wasn't right. A big part of the problem was my attitude. I have often said to myself "I need to lose weight, I'll start tomorrow." But tomorrow always became tomorrow, and tomorrow and tomorrow. I really believe the Lord spoke to me, and I decided to think about things differently. Instead of "I'll start tomorrow" I changed my thinking to "I'm going to eat right today." Not "I'm going to eat right the rest of my life" Not even "I'm going to eat right the rest of this week". but "I'm going to eat right today." A manageable time period, that didn't set me up for failure over and over again. "I'm going to eat right today."

I think of the words of Jesus when he spoke about worry, and not worrying about tomorrow. "Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself. Sufficient unto the day is the evil thereof." (Matthew 6:34) I've been trying the new strategy based on this verse for a week now. So far so good. Hopefully, sharing this little insight will help somebody else too.

Pastor Jim





### Praise/Joy

Pastor Jim & Kim  
God's beautiful paint brush a creation  
Doreen Brumbaugh's grandson Hunter  
Batavia United Memorial hospital staff  
Diana & Ed Pask

### Both Praise/Joy & Concern

Doris Antinore  
Karen Dibley  
Sharon Schlegel  
Bishop Mark Webb

### Concerns

Nolan  
Max  
Byron Neal  
Virginia Davis  
Karen Markle's friend Donna  
Maria Sol  
Jim Davis  
Ryan Spear Family  
Randy Huffman's son David  
Cheryl Maxon's neice, the Penny Family  
Family of Kevin Deuel  
Danny Shuler's son Danny  
Chuck & Shirley Roth  
Cheryl Hickman  
Jim Peglow  
Joe & Debbie Martilotta  
Reed & Dana Markle  
Karen Markle's sister-in-law, Nelma  
Bill Dunn  
Ukraine  
Hurricane Ian



O GOD, WE HUMBLY COME TO YOU  
WITH BOTH JOYS AND CONCERNS.  
WE PRAY FOR OTHERS THAT WE  
HAVE MENTIONED.





**Join us for our annual**

**Election Day Dinner**

**TUE., NOV. 8, 2022**

**4:00 – 6:30 p.m.**

**Adult: \$15 Under 10: \$7**

**Serving turkey dinner.**

**DRIVE-THRU/TAKEOUT ONLY**

**Presale tickets only by Nov. 2**

**At Hair Affair 585-638-5562**

**Orleans Travel 585-589-5535**

**Or call Jean at 585-589-6032**

**West Barre United Methodist Church**



Hello Everyone from the *Missions at West Barre*,

As I sit to write this I can't remember the last time I did, so I am going to give you a run down for the whole year.

I'll start with the Albion food pantry. We receive money every month for the food pantry and our total so far is \$1220 plus the food that is collected and taken at the end of the month. The music nights in the park gathered for the food pantry and that gave us quite a haul for the summer.

CareNet, the pregnancy center, netted \$791.83 for this year.

UMCOR, United Methodist Committee on Relief, which helps people around the world when disasters strike or like this year when war breaks out. Our donation this year went to the Ukraine.

One of my favorite missions is One Hope for Asia because Tina Nguyen is the missionary and she is such a gentle soul that is on fire for the Lord. She makes time to visit us when she comes back to the states to give us an update on her mission. Karen Markle and I had the pleasure of taking Tina to lunch when she was here this year. The times she has had while ministering to the people of Cambodia and Vietnam. She was almost made a victim of human trafficking while on a trip to visit an orphanage, thank God she was protected by her Savior Jesus, and she does give him all the glory! We collected \$3070 for the mission plus she brought cards and pillow covers to sell made by the Vietnamese. We still have cards to sell if anyone is interested, they are so cute, they are 3-D and pop right out of the card when opened.

Our next mission was GOMOC, Genesee-Orleans Ministry of Concern which is located in downtown Albion. They received \$1652 plus in another month we gave them \$67 plus backpacks and school supplies for the children going to school.

In the summer we collected money for tools/blankets for CWS, Church World Service, what a deal a blanket for \$5. We donated \$1340 to that mission.

Flood buckets received \$1295 plus 2 buckets that were made. It was a good time for them because there was a flood down south when we were doing it!

During VBS the children and adults collected money for the shoebox ministry that we are doing right now. The education dept heads this up and will be packing shoeboxes at the family night supper on Oct 28 and along with the boxes that individuals pack will probably send between 60-70 boxes to Samaritans purse, a Billy Graham program, to distribute around the world.

Another favorite of mine is Wesley's Place because again the Pastor in charge is a gentle soul that is on fire for the Lord. Rev. Gregg Stierheim has filled in for our preachers when they have gone on vacation and hope to see him again soon. His ministry is based in Buffalo around the hospitals, so they support the nurses and doctors there and also set up in coffee shops for anyone who wants to walk in and talk over a cup of coffee.

I know we have done more as a church and as individuals. The Lord has blest our little church on the four corners and we continue to pass it on. If you would like to be part of what we do please visit us or you can send a check marked for your favorite mission.

For our December mission we will be picking a "special" mission for our "Jesus gift" mission. Any suggestions?????

As we continue to march on for the Lord please pray for our mission, for the organizations and the recipients.

Thanks to all who give of time, talent and money.

Thanks again and God Bless,

Joy Markle

Mission Chair



"Blessed is the one who is  
kind to the needy"

Proverbs 14:21



**"Coming in November"**

***November 20- After Church Service***

***Lunch, Soup and Sandwiches***

***Movie, to be determined***

***Come for fun and fellowship***



## NOT JUST ON THANKSGIVING

It's not just on Thanksgiving,  
that we're to be thankful...  
it's not only on this day  
that we're to be grateful.

It's about being satisfied,  
each day in every way  
it's about our attitude  
in all we do and say.

It's not about the tasty food,  
on today's white linen table  
it's not about the fine dining  
on Thanksgiving Day's staples.

It's about the provisions,  
God gives us all year through  
it's about what with them  
we choose and opt to do.

It's not about what we have,  
or counting all our blessings  
it's not about the pumpkin pie  
or the turkey's sausage dressing.

It's all about us sharing,  
with those who have not  
it's all about helping others...  
in deed not just in thought!

*Debra*

*"We are bound to thank God always for you, brethren, as it is fitting, because your faith grows exceedingly and the love of every one of you all abounds toward each other."*

*2 Thessalonians 1:3 NKJV*



### November Birthdays

5 ~ Virginia Davis  
7 ~ Naomi Mathes  
8 ~ Pat Shaw  
9 ~ Sharon Miller  
16 ~ Betsey McKennaCunningham  
19 ~ Kelly Dudley  
30 ~ Iva McKenna

### Anniversary

13 ~ Jim & Jean Peglow

### **Happy Birthday and Anniversary!**

### The Barre Betterment Committee

Is going to be offering to deliver a dinner from the Community Kitchen to people in the Barre area that may be in need. It will only be on the first Thursday of the month beginning in September. Please contact Cyndy to make arrangements.  
585-590-7503

The church service will not be posted to YouTube for the time being. The service will still be streamed live on Facebook. You do not have to have a Facebook account to view the page or video. Just do web search for West Barre UMC and from the results click on the Facebook link. You can view this anytime, not only during live stream. <https://www.facebook.com/WestBarreUMC/>

We will also have a link posted from our website under Sermons. Find that link at the top right of the homepage. <https://westbarreumc.org/>

I will be doing the newsletter in the future. If you have an article that you would like to be submitted, e-mail to [jdchan@rochester.rr.com](mailto:jdchan@rochester.rr.com), by the 20<sup>th</sup> of the month.

Jill Chandler